

Roles of Bully/Target/Bystander

- A **bully** is the person doing the hurting. A bully is someone that uses their **power** to hurt another person's body, property, or feelings **on purpose**. Bullying usually occurs repeatedly over time. However, it can occur only once.

There is a power difference between the bully and person being bullied/IMBALANCE OF POWER.

- The **victim/target** is the person whose body, property, or feelings is being hurt on purpose. The target should know it is not their fault and they don't deserve it. It is encouraged for targets to socialize with other peers who let them be themselves. Target should not respond to bullying by bullying back!
- **Bystander** is/are the person/people who see or know about the bullying. A bystander has an important role to reducing bullying. They have three choices they can make and one makes the difference. They can (choice 1) encourage/join in on the bullying, (choice 2) remain quiet, (choice 3) **use their voice and say something**. A bystander can make a difference, **being a buddy by STANDING-UP when you see bullying and STEPPING-UP to bullying. THERE IS POWER IN NUMBERS – Be a hero bystander – Reach out to kids who are being bullied!**

At Palmer, we instruct students and staff to tell the bully,

“WE DON'T DO THAT”

