

**Baldwinsville Central School District  
Wellness Council Minutes  
Wednesday, November 29, 2006 7:30 am  
District Office Large Group Room**

Attendance: Shannon Cavedine, Brian Wright, Colin Kahl, Bruce Quimby, Julie Carpenter, Pat Resseguie, Sue Jerome, Beth Mahon, Kristen Foote, Steve Roux, Cindy Hinkle, Candy Sweeney, Sue Sprague, Kathleen Reidy, Amanda Sprague, Ali Nagle, and Jeanna Gates

**✓ Grant program wrap up at Elden**

We completed the CDC grant program which allowed us to bring breakfast into four classrooms at Elden Elementary. Brian Wright says it went well but cannot sustain itself. Out of 80 students who received the breakfast free for six weeks, 20 to 25 continued to buy, which is great, but not enough to continue. The concept still has value however and we will think about how it can be applied again, possibly bringing the new carts and bins to the front lobby of a school to sell the "To Go" breakfasts. Brian said that the "Got Milk" campaign has also offered money to purchase items, and he may apply in order to purchase more carts to expand our efforts. The report on the grant results is due to the CDC at the end of February, Shannon Cavedine will submit this, in consultation with Julie Carpenter and Brian Wright.

**✓ Point of Sale system**

Brian reported on the implementation of the NutriKids Point of Sale system for all cafeterias in the district. This technology will enable faster service, confidentiality for students, and immediate access to medical alerts such as food allergies.

**✓ Positive things happening**

"Wellness Walks" are being taken in Beth Mahon's class occasionally, to the delight of her students. She said it helps students alleviate stress and return to the classroom relaxed and refreshed. A fund-raising change is occurring at Baker, with the Sophomore Council planning to sell warmed soft pretzels in place of Krispy Kreme donuts. Remembering that on ONE fund-raising day last year, 300 donuts were sold, makes the pretzel idea even more appealing. Another positive: The Wellness Council now has a spot on our district website! It is under the "District Info, Committees and Building Plans" section. A big **THANK YOU** to Pat McKenna for working with us to get the Wellness Policy and other related info on the website!

**✓ BMI reporting**

The Nutrition sub-committee and the Physical Activity sub-committee will both study this issue and discuss if the inclusion of a "health report card" would be a positive step in promoting student health. The OCHD is gathering information on this issue as well.

**✓ Educational models**

Available through the Wellness Council by calling the Baker Health Office. This information is now on the website as well.

**✓ Sub-committee breakdown and objectives**

Lists and contact numbers to follow. The sub-committees are where much of the work on wellness initiatives will be done. The three committees are 1. Nutrition 2. Physical Activity 3. Outreach/Education.

**▼ Soft-sell on junk food elimination**

Steve Roux made a good point that everyone agreed with, that we should extend our soft approach to eliminating junk food from the classroom through next year, with a plan for a firmer stance in September 2008. Jeanne Dangle approved this following the meeting.